

## Note Card Terms/Ideas

5 functions of skeletal system

5 levels of organization (order and definitions and examples)

Homeostasis...what is it... what did you learn from the lab..internal body temp...what your body does to help stay at constant temp.

Bones...organs of skeletal system are living

Parts of a femur. Be able to compare and contrast these parts. Where are they located?

calcium...why do we need it...foods that have it

How does skeleton change from infancy to adulthood?

Appendicular vs. Axial skeleton

joint and locations...hinge, ball & socket, immovable joints, pivot, gliding

3 functions of muscular system

tendons

ligaments

3 types of muscles...voluntary/involuntary, what they do, how they look

muscle fatigue lab

biceps/triceps lab

Basic info about both systems

how many bones

how many muscles

13 muscles

what foods help muscles to grow

How do the skeletal and muscular system work together?

Names of bones

Basic info about both systems

Names of bones

names of fractures

name of a disease that is related to the bones or muscles.